



Nels River

GUESTHOUSE & SPA

12 Cussons Street, Nelspruit, 1200

P O Box 2770, White River, 1240

Tel: +27 (0) 13 741 - 1794

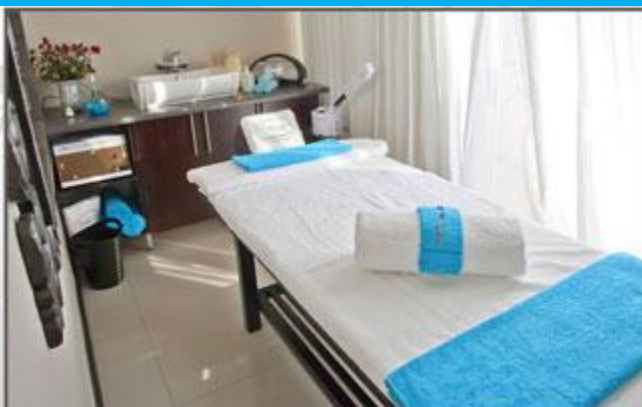
Fax: +27 (0) 13 741 - 1794

Cell: + 27 (0) 83 388 7770

E-mail: nelsriver@webmail.co.za

www.nelsriver.co.za

The excellent fit alternative
Gift vouchers available



FACIALS

Basic Deep Cleanse Facial

Basic facial for problematic skin types that includes cleansing, tonic lotion, exfoliate, extractions, deep cleanse mask, moisturise and eye cream **60 min R300**

Purify Ritual for Men

Energising refreshing facial specifically for men that includes cleanse, exfoliate, tonic lotion, massage moisturising masque, hydrating gel and eye serum **60 min R300**

Moisture

Intensive hydrating facial that includes cleansing, tonic lotion, exfoliate, serum hydra moisture masque, massage day cream and eye cream **60 min R400**

SWEDISH MASSAGES

The classic European style massage provides a sense of well-being and eases tense muscles

Back & Neck	R250
Legs	R240
Full Body	R360

SPORTS MASSAGES

Sport Massages is a form of bodywork that uses Deep Tissue and Swedish Massage Techniques specifically adapted to deal with the effects of intense physical exertion on the body

Legs only	R280
Full Body	R400

HOT STONES MASSAGES

Manual massage with warm volcanic stones

Back & Neck	R280
Full Body	R400

AROMATHERAPY MASSAGES

A gentle manipulation of muscles using essential oils blended to your specific needs

Back & Neck	R280
Full Body	R400

INDIAN HEAD MASSAGES

Ancient Indian art of scalp massage which helps relieve stress, headaches and tension

Head	R200
------	-------------

MASSAGES

Hand	R180
Foot	R180

BODY SCRUBS & WRAPS

Back & Neck	R90
Full Body Scrub	R200
Full Body Wrap	R350

HAND TREATMENTS

Mini Manicure Express	R90
File & shape, push back cuticles, buff and paint	
Manicure	R200
Soak, file & shape, push back cuticles, massage, buff and paint	
Spa Paraffin Wax Manicure	R260
Soak, file & shape, push back cuticles, paraffin wax treatment, massage, buff and paint	

FOOT TREATMENTS

Mini Pedicure Express	
File & shape, push back cuticles, foot file, buff and paint	R100
Pedicure	
Foot spa, file & shape, push back cuticles, scrub feet and remove dead skin, massage, buff and paint	R225
Spa Paraffin Wax Pedicure	
Foot spa, file & shape push back cuticles, scrub feet and remove dead skin, paraffin wax treatment, massage, buff, and paint	R285

TINTING & SHAPING

Eye Brow Tint	R40
Eye Lash Tint	R50
Brow & Lash Tint	R80
Brow Shaping Tweeze	R30

WAXING

½ Leg Wax	R180
¾ Leg Wax	R200
Full leg Wax	R220
Full leg and Bikini Wax	R260
Bikini Wax	R 90
Under Arm Wax	R 60
Full arm Wax	R100
½ Arm Wax	R 60

Waxing (continue)

Back Wax	R160
Chest Wax	R100
Lip/Chin Wax	R 50
Brow Wax	R 40